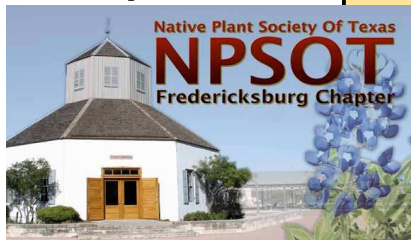


January, 2010



# The Native Texas News

Publication of the Fredericksburg Chapter  
Native Plant Society of Texas

Website: [www.npsot.org/Fredericksburg](http://www.npsot.org/Fredericksburg)  
Email: [jcrone@austin.rr.com](mailto:jcrone@austin.rr.com)

**Volume 13, Issue 1**

## Upcoming

### Events:

**January 26th -**

**Fbg. General Meeting:  
"Heirloom Tomatoes"**

**February 2nd -**

**Kerrville NPSOT Meeting  
"Riparian Plants - the Key to  
Healthy Creeks and Rivers"  
Steve Nelle**

**February 23rd -**

**Fbg. General Meeting  
"Cacti and Succulents"  
Larry Fargarason**

**April 10th -**

**Fbg. NPSOT Plant Sale**

## January Program: "Heirloom Tomatoes"

The success of the workshop conducted in September revealed that many people who are interested in native plants are also interested in organic gardening. The program for the January 26<sup>th</sup> meeting presents Keith Amelung, the tomato guy, who will share his love for heirloom tomatoes.



Keith's heirloom tomato business started as a hobby and a passion. Heirloom tomatoes are treasures coming from seed varieties passed down in families from generation to generation. Heirlooms are honored for their color, shape, but mostly for their flavor. Their value and desirability comes from the resistance to disease and pests that hybrids have lost.

Keith has been an organic gardener, landscaper and nurseryman for 18 years and has been the "garden guru" for the San Antonio NBC program San Antonio Living. His background in organic garden soil blends and mulches adds great depth to his knowledge.

**Tomato Facts:** Tomatoes belong to the genus *Lycopersicon* (Solanaceae family). Evidence supports the theory the first domesticated tomato was a little yellow fruit, ancestor of *L. cerasiforme*, grown by the Aztecs of Central America who called it 'xitomatl' (pronounced zee-toe-má-tel), meaning plump thing with a navel, and later called *tomati* by other Central American tribes. Aztec writings mention tomatoes were prepared with peppers and salt, likely to be the original salsa recipe. The tomato's actual origin is thought to be Peru in South America where it grew wild (like a weed) several thousands of years before making its way north to Central America. **Linda Durrant**

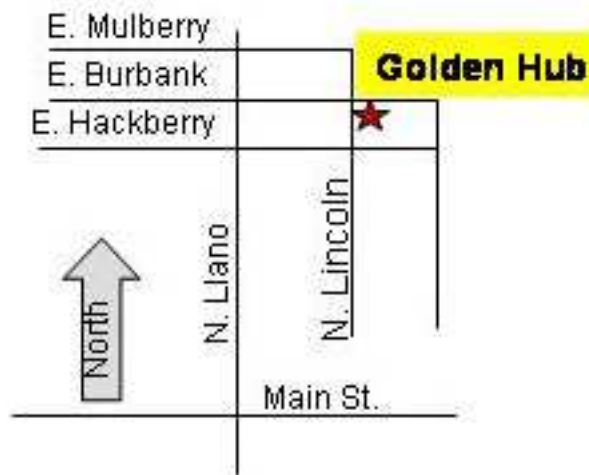
## Inside this issue:

Kerrville NPSOT Meeting	2
Membership News	2
NPSOT Archives	2
Volunteer in 2010	3
N.I.C.E. Update	3
Salad Recipe	3
Book Review	4
Pioneer Garden News	4
State Symposium	5
Calendar of Events	5
Newsletter Sponsors	6
Officer Listing	6

## Meeting Location Change For January Meeting Only!!

Please note that our January meeting will occur at the Golden Hub Senior Center located at 1009 N. Lincoln in Fredericksburg. The meeting will start at our normal time of 7pm.

**NOTE THAT THIS LOCATION CHANGE IS FOR OUR JANUARY MEETING ONLY.**



## Kerrville NPSOT Meeting Features Riparian Habitats

On February 2, Mr. Steve Nelle, a Regional Wildlife Biologist with the Natural Resources Conservation Service in San Angelo, will present a program at the Riverside Nature Center in Kerrville on plants that grow along the banks of rivers, streams, ponds and lakes. The program title is "Riparian Plants - the Key to Healthy Creeks and Rivers" and begins at 2:00 p.m. at the Riverside Nature Center, 150 Francisco Lemos Street in Kerrville.

Mr. Nelle's primary responsibility is helping landowners understand their important role as stewards of natural resources and how to integrate sustainable management into their ranching and wildlife operations. His presentation will describe the role of vegetation in maintaining or restoring a functional riparian area. When riparian areas function properly, banks are protected from excess erosion, the energy of floodwater is reduced, sediment is trapped in the floodplain, groundwater is recharged, and water is stored in the banks to help sustain base flow. A system of healthy riparian areas can help solve Texas water problems by improving water quality and providing more stable flows. Participant will learn to identify the most important riparian plants of central Texas.

This program is provided by the Kerrville Chapter of the Native Plant Society of Texas (NPSOT) as part of its monthly program series. The meeting is free, and everyone is invited and welcome to attend. If you have questions about the meeting, please call 830-257-2185.

### Kerrville NPSOT Mtg.

#### Location:

**Riverside Nature Center  
150 Francisco Lemos St.**

#### Date/Time:

**Tuesday, February 2  
2:00 p.m.**

## A Note from 2010 Membership Chair by Darlene Stewart

As we enter a new year and an opportunity to serve the Fredericksburg NPSOT Chapter, I am very optimistic about our local chapter, and look forward to our partnership in promoting the purpose of the Native Plant Society of Texas. This includes activities involving conservation, research of Texas native plants and preserving them and their habitats through education, outreach, and example.

I am proud that locally we share a strong interest and eagerness to learn about what best works for our yards and acreage in our area of the beautiful and challenging Texas Hill Country. This willingness to not only learn, but to actively learn from each other and to participate in community projects, is reflected in our membership. With 137 members as of November 2009, we are second in numbers only to Houston in the whole state!

Let's not stop here! Spread the word, bring your friends and neighbors, and continue to support the Native Plant Society of Texas. If you know of anyone who has just moved here, please extend an invitation. With a New Year and many new officers, this is your opportunity to become more involved in what you believe in. Committees are being formed, watch for sign up sheets in future meetings. You will learn while having fun too, and your participation will be very much appreciated.

## Donate to the NPSOT Archives! by Glenn Thompson

The Fredericksburg Chapter of NPSOT is developing an Archives. If members have materials dealing with the Club and it's activities which they are willing to donate for the Archives, items can be brought to monthly meetings, left in the NPSOT State Office or mailed to Glenn Thompson at 7542 North State Highway 16, Fredericksburg, TX 78624. Materials might include newspaper clippings, correspondence, photos, posters, minutes of meetings, etc. Materials in digital format are also welcome; they can be submitted in any standard digital storage medium or sent by email to Glenn Thompson at uffda@beecreek.net. Materials submitted will become the property of the Club.

**A HUGE THANKS TO LYNN & JERRY SAMPLE  
FOR THEIR HOLIDAY HOSPITALITY!!**

## Let's Make 2010 Our Best Year Yet!

by Peggy Benson

Beginning a new year is always exciting. NPSOT members, you have an opportunity to help Jane in many ways, making her job so much easier! Every one of us can do something which uses our talents to promote a more dynamic chapter. Jane agreed to stay on as president with the promise that we would all help her so that her load would not be as heavy this year.

We have created a form that each of you will have an opportunity to fill out, sharing your willingness to do something this year to help out. These forms will be available at the January meeting and if you are unable to attend

that meeting, we will also have them available on line at a later time for you. Serving on a committee will give you an opportunity to meet and get to know others in the chapter who have similar interests so please consider doing what you can to help our chapter.

***"Never doubt that a small group of committed people can change the world. Indeed, it is the only thing that ever has."***

**Margaret Mead**



## N.I.C.E. Update

by Sharon Corley

For the past 2 years, the Fredericksburg NICE program has included The Plant Haus 2 and Alltex in Kerrville because there was not an active NICE program there. But this year, the Kerrville chapter of NPSOT will join us to form a "regional" program. We will have a single committee and feature the same plants. The 2010 plant list will be finalized by the end of January. We hope this will encourage more Kerrville and Kerr county nurseries to join as participating members and get more native plants in more gardens.

Please continue to support the NICE program and our participating nurseries in Fredericksburg and Kerrville by buying our 2010 featured plants. Also, look for plants we've featured in the past. Check out the Fredericksburg NPSOT website for the complete list of NICE plants for 2005-2009. And if you don't see a plant at your favorite nursery, request that they order it for you. Remember, if we don't buy them they won't stock them.

If we have members interested in joining our committee, please contact me at [scorley@hctc.net](mailto:scorley@hctc.net) or 830-669-2146.

## Curried Multi-Grain Salad Recipe

from Maggie Livings

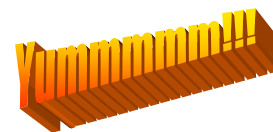
**For those of you who requested it, following is Maggie's recipe from the Holiday Party. Enjoy!**

### Basic Ingredients:

- 1 Cup quinoa (red or white)
- 2 cups wild rice and wholegrain brown rice mix
- 6 oz. package of radishes (6-8 radishes) sliced thinly
- 3 scallions, sliced
- ¼ cup chopped cilantro
- ½ cup (or more) chopped walnuts
- 1 cup (or more) organic raisins and/or cranberries

### Dressing Ingredients:

- ½ cup fresh lime juice
- 2/3 cup olive oil
- 5 medium garlic cloves, pressed
- 2 ½ teaspoons sea salt
- 3 Tablespoons Chinese 5 spice, curry or garam masala (Mix and match to a total of 3 T total. I used mostly Chinese 5 spice and a bit of curry)



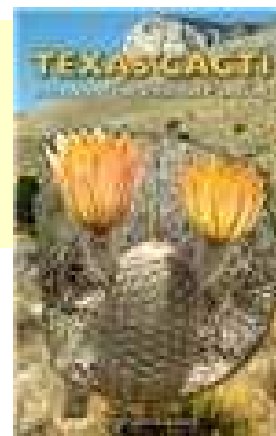
Cook grains: Quinoa—roast in skillet before cooking in water. Adds flavor to the grain. Cook 1 cup quinoa in 2 cups water. Wild rice mixture is 2 cups grain to 4 cups water. Let grains cool and fluff with a fork..

I like to make the grains and add the dressing the day before I am going to serve the salad. This allows the flavors of the dressing and grains to mix. Before serving, add the rest of the ingredients. Serve at room temperature.

## Book Review

by Glenn Thompson

**Texas Cacti** by Loflin, Brian and Shirley.  
W.M. Moody Jr. Natural History Series, No. 42.  
Texas A&M University Press, 2009.



The Loflins have done it again! In 2006, they released *Grasses of the Texas Hill Country\** to great acclaim, and now they've issued a companion volume on cacti that promises to be equally popular—to a large degree because of the exceptional photographs.

*Texas Cacti* is a field guide to more than 100 of the approximately 150 species and varieties of cacti found in Texas and surrounding areas. After an introduction which provides a general discussion of the nature and study of cacti, introductory chapters describe the ten vegetational areas of Texas, the anatomy of a cactus, animals and insects that depend on cacti for food and habitat, the content and organization of the book, and the genera and number of species of cacti found in Texas.

After 50 pages of introductory material, the bulk of the book consists of listings of cacti species, with two facing pages devoted to each species. Listings are arranged by the shapes of the stems, with the edges of the pages color-coded according to stem shape. Icons representing the shape of the stem, the blooming time, and the conservation status also appear next to the edge of each right-hand page to facilitate quick reference.

Descriptive information provided for each species includes Features (size and appearance, spines, color, radial, glochids, flowers, fruits, and seeds), Habitat, Flowering Season, Notes, and a map of the vegetational areas where the specie is found.

Superb photographs are included for each specie, with at

least three photographs provided for each—a large close-up of the entire plant, a smaller close-up of the spines, and a small photograph of the cactus in its natural habitat. Some entries also include photographs of the flowers.

An Appendix of Species Synonyms, a Map of Texas Counties, a Bibliography of References, a Glossary and a detailed Index finish off the book.

*Texas Cacti* is a beautiful book, with colorful covers featuring cacti in bloom, and photographs scattered throughout the introductory chapters, as well as in the description for each species. The book begs to be picked up and examined, and it's hard to resist paging through to see what comes next.

*Texas Cacti* is intended for use by laypeople, with minimal scientific terms and definitions of those that are used.

The publisher's list price is \$24; although, it is available at a considerable discount from [www.amazon.com](http://www.amazon.com) and other sources.

\* Loflin, Brian and Shirley. *Grasses of the Texas Hill Country*. Louise Lindsey Merrick Natural Environment Series, No. 40. Texas A&M University Press, 2006.

## Pioneer Garden News

A BIG THANK YOU to the Pioneer Garden workers for January who braved the COLD morning to work. Our intrepid gardeners were John Schluder, Elin Elisofon, Pat McCormick, Jane Crone, Bill Lindemann, Joyce Studer and a special welcome to first time helper Russell Vowell!

**The next work day will be Feb. 1st. at 9am.** Please enter the gate on N. Milam St. Join us for a morning of helping and learning followed by a trip to the German Bakery!



## Fredericksburg Chapter Meetings

**Our Meetings are Free and Open to the Public**  
**7:00 pm, The Last Tuesday Of The Month (January-October)**  
**Gillespie County Historical Society Building**  
**312 West San Antonio Street, Fredericksburg**



## 2010 NPSOT State Symposium to be Held in Denton

Hello all—

I want to extend a written invitation to everyone in NPSOT to visit our society's webpage and check out the wonderful new pages promoting Symposium 2010. Quite a lot of information is available now, with more coming frequently, so you should get in the habit of checking back often.

Right NOW, you can already find hotel and RV reservation information. The planning committee suggests that you make yours SOON because of another large event on the same weekend—October 7-10. Something about a football game..... And by the way, there's a special bargain at one hotel if you reserve BEFORE Feb 28.

Back to my subject. Give the website a critical eye, too,

and if you see anything amiss, please either reply to this email or write to me at [symposium2010@npsot.org](mailto:symposium2010@npsot.org). I will collect all such comments and condense them for the webmaster to make our changes in a batch.

P.S. to all—if you have NEVER COME to a symposium, make plans now to be in Denton on October 7—10. THIS is your year! And don't forget to bring a friend. I promise you won't be sorry!!!

*Cynthia Maguire*

President-Elect, Native Plant Society of Texas

**Save Texas One Landscape at a Time:**

**Our Native Plants Light the Future**

[symposium2010@npsot.org](mailto:symposium2010@npsot.org)

### Calendar of Events:

#### **Tree Selection, Planting and Watering**

Feb. 6, 2010, 9:00am-12:00pm at Cibolo Nature Center in Boerne. Presenter: Mark Peterson, tree and water conservation expert. Features SAWS presentation of Texas Hill Country trees and their care. Special focus on most efficient and effective ways to water trees from planting to old age. Includes tree planting demonstration.

Cost: CNC Members \$20/person; non-members \$25/person. Pre-registration required. Call 830-249-4616.

#### **Rainwater Harvest Workshop**

Feb. 13, 2010, 9:00am-12:00pm at Cibolo Nature Center in Boerne, includes visit to Kight installation.

John Kight, engineer and rainwater catchment owner gives the latest technological information and the most practical advice. The Kight home with no well or outside water source is in a traditional development. Their system comfortably supplies delicious water for all household and landscape needs.

Members \$25/person; non-members \$35/person. Limited to 30. Pre-registration required. Call 830-249-4616.

#### **“Sustaining the Hill Country — Now and for Future Generations Forum “**

Saturday, February 27, 8 a.m., Fredericksburg Inn. Expert discussions about challenges facing the Hill Country due to explosive population growth. To register, contact Helen Holdsworth at [HHoldsworth@texas-wildlife.org](mailto:HHoldsworth@texas-wildlife.org) or 800-TEX-WILD.

### **Has your mailing address or email changed?**

**Send your updates to NPSOT by contacting our State Coordinator, Pam Middleton, at [state@npsot.org](mailto:state@npsot.org) or call 830 997-9272.**

## 2010 Fredericksburg Chapter Officers

### President

Jane Crone  
830 990-9823 or jcrone@austin.rr.com

### Vice President

Pat McCormick  
650 224-9136 or patddmcc@yahoo.com

### Secretary

Glenn Thompson  
830 990-4521 or uffda@beecreek.net

### Treasurer

Mike Mangum  
830 990-4482 or mmangum1@austin.rr.com

### Director, Youth Involvement & Community Outreach

Beverly Allen  
830 997-8767 or bevallen@austin.rr.com

### Director, Membership

Darlene Stewart  
830 997-3705 or babiencak@kctc.com

### Director, Gardens

Maggie Livings  
325 347-0286 or maggielivings@gmail.com

### Committee Chairs

#### N.I.C.E. Program

Sharon Corley  
830 669-2146 or scorley@hctc.net

#### Lipe Garden

Kathy Lyles  
830 997-0724 or klyles@beecreek.net

#### Field Trips

Stephanie Sutton  
830 99-02942 or suttons5@peoplepc.com

#### Webmaster

John Hucksteadt  
830 997-4843 or johnh@beecreek.net

#### Fair Booth

Peggy & John Benson  
830 997-9960 or peggyben@austin.rr.com

#### Member Classes

Joyce Studer  
830 685-3071 or rogerstuder@earthlink.net

#### Wildscapes Workshop

Lynn Sample  
830 889-1331 or lsample@austin.rr.com

#### Native Plant Week

Gracie Waggener  
830 257-7160 or gwaggener@flow-apps.com

#### Acting Newsletter Editor

Lonnie Childs  
830 990-1689 or lonster@beecreek.net

Thanks to our Newsletter Sponsors!  
Please give them your business and thanks.

### Dodd's Family Tree Nursery & Florist

515 Main Street, Fredericksburg, TX  
830-997-9571 ä dodds@fbg.com  
In Business Since 1977  
Design, Consultation & Installation

### Friendly Natives

Nursery and Landscape  
Knowledge, Natives, Organics, and Wildlife  
1107 N. Llano in Fredericksburg  
830-997-6288 (NATV)

### Middleton Performance Marketing

Alan & Pam Middleton  
830-997-0971  
Advertising - Design - Public Relations

### Native American Seed

Junction, Texas  
Phone: 800-728-4043  
www.seedsource.com

### Natives of Texas

4256 Medina Highway, Kerrville, TX 78028  
830-896-2169  
www.nativesoftexas.com or dwinningham@mac.com  
Hill Country Native Plants  
Mon-Sat 9-4, Sun 11-4 or by Appt.

### The Plant Haus 2

528 Jefferson St. Kerrville, TX 78028  
(830) 792-4444 or (800) 887-3014

### Schindler Landscapes

105 Mariposa, Fredericksburg, TX  
Phone: 830-997-9058 Email: kjsla@kctc.com  
Kenneth J. Schindler, ASLA

### Sutton Plumbing

830 990-5067

### Watson Farms

14197 East Highway 290 Stonewall, TX  
830-644-2616

### Woerner Feed & Garden Supply

Locally-owned Garden Center, Nursery & Feed Store  
302 South Lincoln St, Fredericksburg, Tx  
www.woernerfeedandgarden.com